



# Community Resources Guide

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# Employability Resource Guide



A list of additional recruitment and employment organisations not listed below can be found here:  
[www.caymanresident.com/work/recruitment-employment-agencies](http://www.caymanresident.com/work/recruitment-employment-agencies)

## Connect by Nova

Connect by NOVA offers one-on-one services which are available and tailored for individuals of all ages and at different stages of their careers who are looking to develop themselves further in the Cayman Islands. We offer free and impartial information, advice and guidance to help with decisions about careers, courses, and professional development.

The core theme of services at Connect is to provide tailored, one-on-one career advice and training to deliver independent and impartial career information, ensuring you leave better equipped to achieve career success. The team works with a set number of individuals at any given time, to ensure full attention is given to those needing a bespoke service.

At times the team is at full capacity with the number of active individuals. Connect has compiled up-to-date resources to help you achieve career success on your own schedule with anytime access:

- **Training:** With so many job seekers competing for opportunities, the job market has never been more competitive and standing out is harder than ever. Connect offers training opportunities with over 100+ courses and 2,000+ lessons to strengthen your skills further.
- **Career Advice:** With practical career advice at your fingertips, no matter what stage you are at in your career, Connect has information to help you succeed. Whether you're at the start of your job hunt and want some advice on interviews or want to know how to make the next move in your career, Connect has tailored advice to help.
- **Career Path Planning:** Each year the teams at Nova Recruitment and Connect by Nova release an Employment Outlook & Compensation Guide to help you understand the current market and make informed decisions for your career.

**Key Words:** *employment, training, youth, adults*



7 Genesis Close, Monaco Tower 3  
(Formerly Commerce House), 3rd Floor  
PO Box 30237  
Grand Cayman KY1-1201  
CAYMAN ISLANDS

(345) 949-1345  
[connect@nova.ky](mailto:connect@nova.ky)  
[www.connect.nova.ky](http://www.connect.nova.ky)

# Workforce Opportunities and Residency Cayman (WORC)

WORC offers the following programmes for job seekers:

- **Job Seeker:** Non-Caymanians with current rights to work who are seeking employment can register to have access to available jobs. No other benefits apply, no contact will be received from WORC. The job seeker may review and apply for job opportunities.
- **Job Seeker Plus:** Caymanians seeking employment who wish to have access to available jobs and training opportunities, and request assistance from WORC to assist. No contact will be received from WORC, however the job seeker may register for training when applicable and available, as well as review and apply for job opportunities. The job seeker is required to follow up on the outcomes of job applications.
- **Job Seeker Extended:** Caymanians seeking employment who wish to have access to available jobs and training opportunities, and is requesting WORC to provide job search support. You will be contacted to commence delivery of relevant services.

Training and Development Programmes offered by WORC include:

- National Internship Programme
- National Apprenticeship Programme
- Passport2Success
- Ready2Work KY
- Employability Skills 101
- GED Programme
- Specialty Training and Industry Certifications

**Second Chances Programme:** Caymanians with a prior conviction and who have served their sentence, are invited to register with WORC in order to be considered for employment opportunities with the Cayman Islands Government, through the Second Chances Programme.

**Key Words:** *employment, training, youth, adults*



Apollo House West, 87 Mary Street,  
George Town, Grand Cayman

(345) 945-9672  
+1 (800) 534-9672

[WORC@gov.ky](mailto:WORC@gov.ky)  
[www.worc.ky](http://www.worc.ky)

# Training & Development Opportunities



The following link provides additional information regarding professional and vocational training for adults that is not listed here:  
[www.caymanresident.com/education/adult-education/professional-vocational-training](http://www.caymanresident.com/education/adult-education/professional-vocational-training)

The following links offer information regarding scholarship opportunities:

[www.gov.ky/education/scholarships](http://www.gov.ky/education/scholarships)  
[www.caymanscholarships.com](http://www.caymanscholarships.com)

[www.caymanresident.com/education/private-scholarships](http://www.caymanresident.com/education/private-scholarships)  
[www.caymanparent.com/education/scholarships](http://www.caymanparent.com/education/scholarships)

## Cayman Islands Centre for Business Development (CICBD)

CICBD is mandated by government to support the growth and development of small businesses across the Cayman Islands. Through a long-term relationship-based approach, the CICBD will guide small business owners through key strategies for properly managing and growing their businesses by training, coaching and technical support to micro and small businesses.

CICBD works with enterprises at all stages of the business life cycle. It delivers both residential and non-residential business development services – that is, they work with persons who were given office space in their Incubator, as well as persons who have their own office space or operate from home.

**Key Words:** *employment, training, youth, adults*



Suite 101, Baytown Plaza, #36 West Bay Road,  
George Town, Cayman Islands

(345) 244 8009  
[cicbd@gov.ky](mailto:cicbd@gov.ky)  
[www.cicbd.gov.ky](http://www.cicbd.gov.ky)

## Computer Literacy Courses

Each of Cayman's Public Libraries offer basic to advanced online computer courses. For more information about course options, fees and dates please contact the George Town library.

**Key Words:** *training, youth, adults, older persons*



68 Edward St  
George Town, Cayman Islands

(345) 949 5159  
[georgetown@caymanlibraries.com](mailto:georgetown@caymanlibraries.com)



Additional information on computer classes can be found here:

[www.caymanresident.com/education/adult-education/adult-recreational-classes](http://www.caymanresident.com/education/adult-education/adult-recreational-classes)

# Enterprise Cayman

Enterprise Cayman is a non-profit workforce development initiative by Cayman Enterprise City (CEC) in partnership with Cayman Islands' Special Economic Zone Companies (SEZCs). The organisation provides Caymanians and residents with access to high-quality learning experiences and opportunities to pursue careers in the technology and innovation sectors.

Enterprise Cayman runs a diverse programme of events, workshops, courses, internships, and work placements in partnership with CEC's vibrant business community, designed to provide Caymanians and residents of the Cayman Islands with the skills and expertise to secure employment in Cayman's bustling digital economy. One of the programme offerings by Enterprise Cayman is Cayman Code Academy, which uses the curriculum of Code Fellows and engages directly with Cayman's sector community

**Key Words:** *employment, training, youth, adults, businesses.*

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4th Floor, Strathvale House, 90 N Church St,  
George Town KY1-9012, Cayman Islands

(345) 945-3722

[innovate@enterprisecayman.ky](mailto:innovate@enterprisecayman.ky)

[www.enterprisecayman.ky](http://www.enterprisecayman.ky)

# Financial Coaching

Resilience Cayman offers budgeting tools and financial counselling for those struggling with their bills.

**Key Words:** *training, youth, adults, older persons*

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(345) 333-1010

[info@resilience.ky](mailto:info@resilience.ky)

[www.resilience.ky/financial-coaching](http://www.resilience.ky/financial-coaching)

# Inspire Cayman Training (ICT)

ICT is an internationally accredited Training Unit of NCCER and Caribbean Utilities Company and an international affiliate with automotive partner ASE – as such ICT is positioned to provide trainees with the best and the most advanced training strategies to thrive within their chosen trade and technical career.

ICT offers the following courses:

- Core Curriculum
- Carpentry, Level 1
- Construction Craft Laborer, Level 1
- Electrical Level 1
- HVAC, Level
- Plumbing, Level 1
- Intro to Automotive
- Automotive Maintenance & Light Repair
- PADI Certifications offered: Open Water, Advanced Open Water, Emergency First Response, Rescue Diver, Divemaster
- Tools for Success
- Financial Peace University

Build Your Future Training includes three courses:

- **Financial Peace University:** Personal budgeting to learn how to budget, pay off debt, save and build wealth
- **Tools for Success:** Employability Skills to learn successful strategies for getting a job, communicating clearly, workplace relationships and benefits
- **Core curriculum: Introductory Craft Skills:** Foundational basic skills needed to continue your education in any trade you choose.

Once these courses have been completed, you may register to become certified in any of their available courses.

**Key Words:** *training, children, youth, adults*



Grand Harbour, 1053 Crew Road, Unit H3-4,  
George Town, Grand Cayman

(345) 525-8990

[info@inspirecaymantraining.com](mailto:info@inspirecaymantraining.com)

[www.inspirecaymantraining.com](http://www.inspirecaymantraining.com)

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## International College of the Cayman Islands (ICCI)

The mission of ICCI is to prepare students for career placement and enhancement. The ICCI education instills attitudes, behaviors, sensitivities, skills and knowledge that are essential to life and learning. The ICCI experience advances the potential for leadership and a commitment to community service. ICCI equips graduates with practical skills of critical thinking, problem solving and self-directed learning for success in the 21st century job market.

Here are some other advantages of the ICCI educational experience:

- Individualized career assessment planning
- Personalized learning plan tailored to your needs
- Tutoring and academic support to help you be successful in your classes
- Caring and dedicated faculty who go above and beyond to help you learn
- Direct and expert job placement assistance including resume and job search assistance
- The opportunity to interface with experts in Cayman and around the globe in your academic area of study
- Helpful staff dedicated to your success.

The ICCI offers the following programmes:

- GEC Certification Prep
- SHRM CP/SCP Certification
- Undergraduate Programmes (with a variety of specialisations)
  - » Associate of Science Degrees
  - » Bachelor of Science Degrees
- Master's Degree Programmes (with a variety of specialisations)
  - » Master of Science in Management
  - » Management: Human Resources Concentration
  - » Master of Business Administration Degree



595 Hirst Rd, North Sound Estates,  
Cayman Islands

(345) 947-1100

[info@icci.edu.ky](mailto:info@icci.edu.ky)

[www.icci.edu.ky](http://www.icci.edu.ky)

**Key Words:** *training, children, youth, adults*



# Sunrise Adult Training Centre (SATC)

SATC's purpose is to educate, support and serve, promoting therapy and employment opportunities for adults with additional learning needs; to enable their empowerment and maximize their independence, potential and quality of life.

At SATC, clients can explore their full potential, and develop confidence, skills, and pride in their efforts and accomplishments.

The primary objective of the Vocational Training Programme is to provide each client with the knowledge and skills needed to acquire vocational competence and provide them with potential for employment and independent living.

**Key Words:** *employment, training, youth, adults, disability services*



80 Shedden Road, Eden House,  
Elizabethan Square, George Town

(345) 949-3330  
[infoSATC@gov.ky](mailto:infoSATC@gov.ky)  
[www.sunrise.gov.ky](http://www.sunrise.gov.ky)

# University College of the Cayman Islands (UCCI)

UCCI offers a broad array of certificates, undergraduate and graduate degrees. Students can enroll in continuing and professional education courses, as well as workforce training programmes.

UCCI takes a holistic approach to education, providing high-impact teaching coupled with a dynamic learning environment. Students enjoy a vibrant life experience, enriched by leadership development, co-curricular activities and a host of easily accessible support services.

UCCI has the following categories of programmes:

- Undergraduate programmes
- Graduate programmes
- Preparatory studies
- Adult and professional programmes
- Certificate programmes
- Technical programmes

**Key Words:** *training, children, youth, adults*



Grand Campus:  
168 Olympic Way, Grand Cayman,  
Cayman Islands

Brac Campus:  
Avistar Building, West End Cayman Brac,  
Cayman Islands

(345) 623-8224  
[admissions@ucci.edu.ky](mailto:admissions@ucci.edu.ky) (*Admissions*)  
[studentlife@ucci.edu.ky](mailto:studentlife@ucci.edu.ky) (*Financial Aid*)  
[www.ucci.edu.ky](http://www.ucci.edu.ky)

# Health and Wellness Resources



The following link has general information regarding health and wellness, including information specific to the Cayman Islands:  
[www.caymanhealth.com/general-health-and-wellness/](http://www.caymanhealth.com/general-health-and-wellness/)

## Alex Panton Foundation (APF)

APF is a non-profit organisation with the primary objective of raising awareness of mental illnesses affecting children and young adults in the Cayman Islands with a particular focus on anxiety and depression.

APF aims to provide hope and resources to friends, family, teachers, classmates and careers to help save the lives of children and young adults struggling with mental illness.

APF offers a financial assistance programme for people 30 years and younger to access private counselling services. Details regarding this programme can be found here: [www.alexpantonfoundation.ky/financial-assistance-programme/](http://www.alexpantonfoundation.ky/financial-assistance-programme/)

**Key Words:** *children, youth, mental health, financial assistance, substance use, disability services*



PO Box 326  
Grand Cayman KY1-1501  
CAYMAN ISLANDS

[info@alexpantonfoundation.ky](mailto:info@alexpantonfoundation.ky)  
[www.alexpantonfoundation.ky](http://www.alexpantonfoundation.ky)

## Acts of Random Kindness (ARK)

Cayman's ARK endeavors to be a friend to people in unique circumstances of crisis; to demonstrate kindness through loving acts of service. ARK is a friend to strangers and approaches humanity with great love and compassion – without judgment. "Paying it forward" results in the nurturing and inspiration of the human spirit, changing lives one life at a time.

Cayman's ARK is a Registered Non-Profit Organisation, founded in 2006 and run by volunteers. ARK's focus is on improving the standard of living in the homes of the under-privileged, ensuring that no one goes hungry or homeless, encouraging and providing education, aiding children and adults in life-threatening medical situations, and ensuring any matter of crisis or suffering are eased by collective community support.

**Key Words:** *children, youth, adults, older persons, financial assistance*



[info@arkcayman.com](mailto:info@arkcayman.com)  
[www.arkcayman.org](http://www.arkcayman.org)

# Bridge Foundation

The Bridge Foundation is driven by evidence-based programmes, compassionate, firm expectations, and a strong vision of the rehabilitation process. At the Bridge Foundation, Caymanians in early recovery learn about the skills and resources needed to establish a strong footing on the solid ground of a robust sober recovery. Their goal is to prepare residents for their new lives as positive contributors to Cayman society.

The Bridge Foundation is registered in Grand Cayman as a certified Section 80 not-for-profit organisation. Currently its West Bay campus serves Caymanians recovering from drug and alcohol addiction. Residents are referred to facilities from the Conditional Release Board, Probation, Drug Court, Caribbean Haven or the Counseling Centre. The Bridge Foundation meets the requirements of U.S. charities under U.S. tax law.

The Bridge Foundation has the anchor house as a 'bridge' to transitional living. The three bedroom, 2,500 sq. ft. sober living home is well furnished, spacious and clean, and equipped with the right structure and resources to facilitate sobriety. Live-in house managers are on-site and present daily to help to help residents learn or relearn life skills, self-care, and enforce standards that promote introspection and staying on the right course. The Bridge Foundation fosters drama-free, healthy sober environments where residents can grow in recovery.

**Key Words:** *children, youth, mental health, financial assistance, substance use, disability services*



147 Hell Road, OO Drive,  
Grand Cayman

(345) 926-4053

[info@thebridgefoundationcayman.org](mailto:info@thebridgefoundationcayman.org)

[www.thebridgefoundationcayman.org](http://www.thebridgefoundationcayman.org)

# Caribbean Haven Residential Centre (CHRC)

CHRC provides residential substance abuse services for adults in the Cayman Islands.

The following services are offered by CHRC:

- Residential Treatment
- Withdrawal Management
- Assessment and Referral Services
- Inside Out Group at Her Majesty's Prison Northward
- Intervention Management

**Key Words:** *adults, older persons, mental health, residential, substance use*



2409 Bodden Town Road, Breakers

(345) 947-9992

[counselling.services@gov.ky](mailto:counselling.services@gov.ky)

[www.dcs.gov.ky/chrc](http://www.dcs.gov.ky/chrc)

# Cayman Islands Cancer Society (CICS)

The mission of the Cayman Islands Cancer Society, a non-profit organisation, is to increase awareness amongst the people of the Cayman Islands of cancer as a major health concern, to initiate positive change in all areas relating to cancer, to prevent the development of cancer and to counsel and support cancer patients and their families.

Their vision foresees a reduction in the incidence of cancer cases and an improvement in the quality of life of all those touched by cancer in the Cayman Islands through focusing on education and prevention programmes for children and adults, providing financial and counseling support to cancer patients and their families, facilitating a cancer survivor's network, reviewing matters of interest to the Society and initiating and lobbying for relevant changes through legislation and other means and enhancing cancer screening, diagnosis and treatment services.

**Key Words:** *children, youth, adults, older persons, financial assistance*



114 Maple Road, George Town  
Grand Cayman

P.O. Box 10565  
Grand Cayman KY1-1005  
CAYMAN ISLANDS

(345) 949-7618

[info@cics.ky](mailto:info@cics.ky)

[www.cics.ky](http://www.cics.ky)

# Cayman Islands National Insurance Company (CINICO)

CINICO is a government-owned insurance company formed to provide health insurance coverage to civil servants (*employees and pensioners*) and other residents of the Cayman Islands.

**Key Words:** *children, youth, adults, older persons, mental health, hospital, financial assistance, substance use, disability services*



3rd Floor, Maiden Place, 227 Elgin Ave,  
George Town, Grand Cayman

Unit C1, Country Corner  
Hirst Road, Savannah, Grand Cayman

#20 Kirkconnell Building  
Kirkconnell Street, Stake Bay, Cayman Brac

(345) 949-8101  
[info@cinico.ky](mailto:info@cinico.ky)  
[www.cinico.ky](http://www.cinico.ky)

# CaymanKind Action Committee

Cayman Kind Action Committee is a non profit organisation that was formed to be a voice for communities , who have been complaining about issues in each community and has fallen on deaf ears.



(345) 916-2751  
[ckac@gmail.com](mailto:ckac@gmail.com)

# CayMind

CayMind is a free and confidential mental health helpline that is available to all residents and visitors of the Cayman Islands. Their mission is to promote mental health and wellness in the Cayman Islands by reducing the stigma surrounding mental ill health and providing easy access to support for those who are suffering from emotional or psychological distress. CayMind aims to eliminate barriers that prevent people from seeking assistance while encouraging persons to ask for help.

**Key Words:** *mental health, children, youth, adults, older persons*



Mental Health Helpline  
1-800-534-6463  
Monday - Friday 6pm-11:00pm

[CayMind@hotmail.com](mailto:CayMind@hotmail.com)

# Doctors Hospital (DH)

Their medical services range from primary care and preventative care to specialty medical and surgical care for complex diseases. They also provide 24/7 Urgent Care for sudden onsets of illnesses and injuries.

At Doctors Hospital, physicians strive to provide quality care and the best clinical outcomes. With decades of local, regional and international experience and a range of clinical services and specialties offered, their team of physicians are here to help empower you on your journey to wellness.

**Key Words:** *hospital, mental health, children, youth, adults, older persons, substance use, domestic violence, disability services*



16 Middle Road, George Town  
PO Box 2000  
Grand Cayman KY1-1104  
CAYMAN ISLANDS

(345) 949-6066 | (345) 325-9000  
[info@doctorshospitalcayman.com](mailto:info@doctorshospitalcayman.com)  
[www.doctorshospitalcayman.com](http://www.doctorshospitalcayman.com)

# Health Services Authority (HSA)

The HSA offers the most comprehensive range of inpatient, outpatient and public health services at nine locations on all three islands. Advances in treatment and patient care are happening every day at the HSA. Services include surgery, emergency medical care, general medical care, community health, dental and eye health, mental health, pediatrics, maternity and much more.

A list of services offered by the HSA can be found here:

[www.hsa.ky/services-specialties/](http://www.hsa.ky/services-specialties/)

**Key Words:** *hospital, mental health, children, youth, adults, older persons, substance use, domestic violence, disability services*



95 Hospital Rd, George Town,  
Cayman Islands

(345) 949-8600 | (786) 353-1366

[info@hsa.ky](mailto:info@hsa.ky)

[www.hsa.ky](http://www.hsa.ky)

# Health City Cayman Islands

Health City Cayman Islands is a medically advanced tertiary hospital. They're a unique model of healthcare, built with a focus on the patient and rooted in innovative business models that allow the delivery of high quality, affordable care. They are an internationally accredited centre of global excellence and attract patients from the Caribbean, the U.S, and Latin America.

In April 2015, just over a year after they opened, their facility earned the prestigious Gold Seal of Approval from Joint Commission International (JCI). They're also the largest hospital in the Caribbean to be accredited by JCI, and their patient services reflect those high standards of care.

These include:

- Semi and private patient rooms
- Intensive care unit (ICU) suite with 17 ICU beds, a 2-bed triage and 4-bed recovery unit
- Three operating theatres
- Two hybrid operating theatres
- Laboratory operating on a 24/7 basis for both inpatient and outpatient services
- Imaging suite encompassing MRI, gamma camera, and CT technology etc.

**Key Words:** *hospital, mental health, children, youth, adults, older persons, substance use, domestic violence, disability services*



9 Forum Lane, George Town &  
1283 Sea View Road, High Rock

(345) 640-4040 | (345) 945-4040

(345) 526-2108 (*Emergency*)

[info@healthcity.ky](mailto:info@healthcity.ky)

[www.healthcitycaymanislands.com](http://www.healthcitycaymanislands.com)

# Hope for Today Foundation

Hope for Today Foundation Transitional Houses facilitates and focuses a community effort, in the spirit of unity and cooperation, to assist those members of our community who are seeking recovery. Hope for Today Foundation provides a safe, structured and affordable residential facility where they may be free of all mind and mood altering substances and find the opportunity for a new way of life.

They use a three-pronged approach to achieve this mission:

1. Provide a basic living area free of alcohol and drugs
2. Offer support that educates and enriches the client through a 12-step programme-based lifestyle

Aid in the provision of life skills to facilitate independence and economic stability.

**Key Words:** *adults, older persons, mental health, residential, substance use*



Birch Tree Hill West Bay, Grand Cayman  
Cayman Islands

(345) 928-9099

[www.caymanhopefoundation.carrd.co](http://www.caymanhopefoundation.carrd.co)

# Jasmine Hospice Care

Jasmine Hospice Care is committed to enhancing and improving the lives of people living with life-limiting illnesses. Central to their mission is providing long-term emotional and spiritual support and general well-being for patients and their loved ones.

Their team of health care professionals specialize in treating pain and managing symptoms. They liaise with the patient's doctor to enhance the quality of life for the patient and their loved ones.

Jasmine provides 24-hour telephone access to clinicians who can answer questions, support family over the phone or send a team member to the home. Jasmine provides palliative care, hospice care and bereavement support.

**Key Words:** *older persons, residential, disability services*



31 Blossom Way, West Bay Road  
PO Box 10614  
Grand Cayman KY1-1006  
CAYMAN ISLANDS

(345) 945-7447  
[info@jasmine.ky](mailto:info@jasmine.ky)  
[www.jasmine.ky](http://www.jasmine.ky)

# Kids Helpline

The Kids Helpline is a project operated by the Alex Panton Foundation that offers educational materials on mental health difficulties, in addition to, listening services by trained volunteers via telephone and messenger chat.

Their website is full of information on a variety of mental health topics for kids and teens, including the signs that they might be struggling, helpful coping tools, tips on how to get support, and resources available to them. They also have information for parents and educators on how to recognise if a young person in their life is struggling, how to best show up for them and get them help.

**Key Words:** *mental health, children, teens, support*



(345) 649 5437  
Thursday - Sunday 3pm - 9pm

[www.kidshelpline.ky](http://www.kidshelpline.ky)

# Loud and Silent Voices

Loud and Silent Voices is a consumer based family mental health support Group whose mission is to:

- RAISE AWARENESS of the various types of mental illnesses in the Cayman Islands, thereby
- PROMOTE UNDERSTANDING & ACCEPTANCE of those persons affected by these illnesses.
- REDUCE associated STIGMAS & DISCRIMINATIONS about mental illness.
- EDUCATE families and caregivers on how properly care for & support their loved ones.
- SUPPORT families and caregivers as they care for their loved ones.

**Key Words:** *mental health support, families*



(345) 922-3847  
[info@lsv.support](mailto:info@lsv.support)

# The Alzheimer's and Dementia Association of the Cayman Islands (ADACI)

ADACI is a non-profit organisation. ADACI is currently registered to become the official member association for the Cayman Islands with Alzheimer's disease International (ADI), which is the international federation of Alzheimer associations around the world, in official relations with the World Health Organization. ADACI is funded through donations and fund-raising activities. Its affairs are managed by volunteers which include a medical advisory committee.

**Key Words:** *adults, older persons, disability services*



P.O. Box 1655  
Grand Cayman KY1-1504  
Cayman Islands

(345) 924-4170  
[info@adacayman.com](mailto:info@adacayman.com)  
[www.adacayman.ky](http://www.adacayman.ky)

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# The Counselling Centre (TCC)

The Counselling Centre is committed to providing a range of services intended to promote, support and enhance mental health and wellbeing within our community. TCC provides individual, couple, and group counselling. All of these services are offered free of cost to all residents of the Cayman Islands.

TCC offers primarily short-term counselling, to help clients to address mental health issues that include depression, anxiety, addictions, current and/or historical abuse/trauma, interpersonal/family conflict, adjustment, loss, transition, complicated grief, and more.

The following services are offered by TCC:

- Intake
- Counselling for people of all ages
- Group Programming

**Key Words:** *children, youth, adults, older persons, mental health, substance use, domestic violence, disability services*



75 Fort Street Adonis House,  
George Town, Grand Cayman

(345) 949-8789  
[counselling.services@gov.ky](mailto:counselling.services@gov.ky)  
[www.dcs.gov.ky/tcc](http://www.dcs.gov.ky/tcc)

# Social Programmes and Services

## Boyz2Men

Boyz2Men is a high school-based mentorship programme with a mission to provide at-risk young men with the skills, mentorship support and confidence they need for future success. Boyz2Men aims to mould at-risk boys into kind, gentle and forgiving men with a mutual understanding of honesty. This approach allows the boys to learn from real experience, whilst also forging relationships with mentors that are built on trust and respect. The boys are also encouraged to seek and receive guidance from their mentors, which empowers them to make better decisions about their future.

Boyz2Men is currently provided to male students at John Gray High School and Clifton Hunter High School.

**Key Words:** *children, youth, mental health*



(345) 329-0021  
[boyz2mencayman@gmail.com](mailto:boyz2mencayman@gmail.com)

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## Cayman Islands Breastfeeding Support Group

The Cayman Islands Breastfeeding Support Group is a volunteer group which offers free support and education in breastfeeding to expecting and existing mothers. The group consists of experienced mothers who have breastfeed, lactation consultants, nurses and midwives. They visit new mothers to offer free breastfeeding advice and support, and also offer telephone support. They will rent hospital-grade Medela pumps in emergency situations and provide reasonably priced breast pumps for mothers returning to work.

**Key Words:** *adults, food security, parenting*



(345) 949-6024  
[cibreastfeeding@gmail.com](mailto:cibreastfeeding@gmail.com)  
[www.facebook.com/CIBreastfeeding](https://www.facebook.com/CIBreastfeeding)



## Cayman Islands Crisis Centre (CICC)

The CICC is a registered non-profit organisation that provides support to all people who experience domestic or sexual violence through the provision of:

- Safe, temporary shelter for women and their children
- 24/7 crisis line available to all persons in the community
- Aftercare assistance for the former shelter clients
- Community education
- At-risk children and youth support
- Assistance to all victims of domestic violence

TAYA Lounge, an after-school programme offered by the CICC, is a safe place for at-risk youth ages 14-21, who either experienced or witnessed domestic violence, have difficulties with finding effective ways to conflict resolution and have few or no adults to rely on. The primary purpose of TAYA Lounge is to end the generational cycle of abuse by providing safe and supportive environment and ongoing therapeutic intervention for at-risk youth and young adults after they graduate from school, are discharged from group care or have 'aged out' of foster care.

**Key Words:** *children, youth, adults, older persons, mental health, residential, domestic violence*



Estella's Place  
Crown Square, Eastern Avenue  
Grand Cayman

(345) 943-2422 (24/7 Crisis Line Phone)  
+1 (800) 534-2422  
[info@cicc.ky](mailto:info@cicc.ky) | [www.cicc.ky](http://www.cicc.ky)

## Cayman Islands Red Cross (CIRC)

CIRC aims to protect human dignity by helping vulnerable people in crisis. CIRC helps by providing disaster management preparedness and response, first aid and aquatics training programme, child protection and sexuality education and a thrift shop for community members.

**Key Words:** *training, children, youth, adults, older persons, financial assistance*



**Admin:**  
Cayman Corporate Centre  
27 Hospital Road, 1st Floor, George Town

**Thrift Shop:**  
34 Huldah Avenue, George Town

(345) 949-SHOP (7467) | (345) 949-6785  
[vrn@redcross.org.ky](mailto:vrn@redcross.org.ky)  
[shop@redcross.org.ky](mailto:shop@redcross.org.ky)  
[www.redcross.org.ky](http://www.redcross.org.ky)

## Cayman LGBTQ Foundation

The Cayman LGBTQ Foundation was founded to help the Cayman Islands community of persons of all genders. Working with other entities, they provide many services to the community, including counseling, live coaching, health services, work alongside the Royal Cayman Islands Police Service (RCIPS) and support with immigration or legal matters.

**Key Words:** *children, youth, adults, older persons*



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(345) 526-1001  
[clgbtqf@gmail.com](mailto:clgbtqf@gmail.com)  
[www.clgbtqf.com](http://www.clgbtqf.com)

## Children and Youth Services (CAYS)

The CAYS Foundation was established as a private Government-owned company. CAYS operates the Bonaventure Boy's Home, the Frances Bodden Children's Home and Phoenix House, providing 24-hour residential care to youth who have been Court ordered in to residential treatment due to care and protection needs and/or youth exhibiting offending behaviors. The programme adopts a strength-based approach to decision making and self-awareness.

**Key Words:** *children, youth, mental health, financial assistance, parenting, residential*



103B Bonaventure Road,  
Northwest Point Road, West Bay

(345) 946-2446  
[faa@cays.org.ky](mailto:faa@cays.org.ky)  
[www.cays.org.ky](http://www.cays.org.ky)

## Colours Caribbean

Colours Caribbean is a registered non-profit organisation locally operated in the Cayman Islands that aims to cultivate a bold and visible community for the lesbian, gay, bisexual, transgender, queer, intersex and asexual (LGBTQIA+) people of the Caribbean and Latin America by building a network of regional businesses and public venues free of discrimination and harassment towards anyone on the basis of their gender identity or sexual orientation. Colours Caribbean is locally operated in the Cayman Islands.

Colours Caribbean focuses on encouraging dialogue about LGBTQIA+ people, providing education about how to be supportive and understanding of everyone's gender identity, sexual orientation and intimate relationships, and promote visibility.

**Key Words:** *adults, older persons, disability services*



PO Box 30718  
Grand Cayman KY1-1203  
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(345) 324-3779  
[hello@colourscaribbean.com](mailto:hello@colourscaribbean.com)  
[www.colourscaribbean.com](http://www.colourscaribbean.com)

## Department of Children and Family Services (DCFS)

DCFS protects and promotes the rights and welfare of children, families, and older persons in the Cayman Islands.

This is accomplished through the professional provision of social work services, services to older persons and those with disabilities, foster care and adoption services, and the placement of vulnerable children in residential homes. These services include preventative measures and interventions, education, advocacy and community-based programmes, all of which serve to empower children and adults, strengthen family bonds and build stronger communities.

**Key Words:** *children, youth, mental health, parenting, domestic violence*



2nd Floor Apollo House East, 87 Mary Street,  
Grand Cayman

(345) 949-0290  
[dcfs@gov.ky](mailto:dcfs@gov.ky)  
[www.dcf.gov.ky/portal/page/portal/sochome](http://www.dcf.gov.ky/portal/page/portal/sochome)

# Department of Education Services (DES)

The DES is the operational arm of the Cayman Islands Government education service. While the Ministry of Education provides the strategic and policy direction for government schools, DES provides the resources and support to schools to implement the various policies and procedures. Important services provided to the public by DES include facilitating student registration, facilitating transcript requests, and providing responses to various queries.

**Key Words:** *children, youth*



130 Thomas Russell Avenue, George Town

PO Box 910  
Grand Cayman KY1-1103  
CAYMAN ISLANDS

(345) 945-1199

[schools.edu.ky](http://schools.edu.ky)

# Department of Financial Assistance (DFA)

The DFA provides financial assistance to people who find themselves unable to fund their basic needs, such as shelter, food, and clothing. The financial assistance is intended as a short-term measure to provide a temporary bridge to help people get back onto their feet. At the same time, we recognise that older persons, or those with permanent disabilities, may need longer-term support.

The DFA assists those who qualify with services, such as rental accommodation, utilities, food, clothing, medical travel, medical equipment, dental, optical, funeral costs, and assistance for children and youth, such as pre-school assistance and school uniforms.

Eligibility criteria for financial assistance and the application form can be found on the DFA's website.

**Key Words:** *adults, older persons, mental health, financial assistance, food security, domestic violence, disability services*



**Grand Cayman:**

55 South Church Street, 1st Floor Aqua Mall,  
George Town, Grand Cayman  
(345) 946-0024

**Cayman Brac:**

Unit 8 Avistar Building #1, West End Road,  
Cayman Brac  
(345) 948-8758

PO Box 895, Grand Cayman KY1-1103  
CAYMAN ISLANDS

[DFAInfo@gov.ky](mailto:DFAInfo@gov.ky)

[dfa.gov.ky](http://dfa.gov.ky)

# Disabilities Council

The functions of the Council are to:

- promote and reinforce the recognition and acceptance that persons with disabilities have the same fundamental rights as persons without disabilities;
- promoting the dignity and autonomy of persons with disabilities;
- ensuring full and effective participation for persons with disabilities;
- promoting respect and acceptance of persons with disabilities;
- serve as a 'watchdog' on disability matters in the community;
- and monitor the implementation of the Cayman Islands Disability Policy (2014-2033).

**Key Words:** *special needs, disabilities, community*



(345) 244-2290

[disabilitycouncil@gov.ky](mailto:disabilitycouncil@gov.ky)

# Employee Assistance Programme (EAP)

The EAP of the Cayman Islands provides confidential and professional counseling services to employees of Member Companies. There are times when personal problems interfere with relationships, job performance, and physical health. Everyone can benefit from help when these difficulties arise. All of our professional EAP counsellors are experienced clinicians who are registered with the Health Practitioners Board of the Cayman Islands (CPAM).

EAP Cayman counsellors are highly trained professionals who can help you with a wide range of challenges that may be affecting your life. These include relations, substance use, stress, parenting, workplace issues, depression, and sexuality.

**Key Words:** *children, youth, adults, older persons, mental health, substance use, domestic violence*



(345) 949-9559  
[eap@eapcayman.com](mailto:eap@eapcayman.com)  
[www.eapcayman.com](http://www.eapcayman.com)

# Family Resource Centre (FRC)

The FRC is dedicated to providing a wide range of services and programmes to promote and support healthy family relationships and equip families with tools and strategies to parent confidently. FRC offers short-term, long-term and comprehensive programmes that cater to the needs of families and individuals. The programme and services offered include Triple P, Stop Now and Plan (SNAP), Young Parent Services, Co-Parenting One Heart Two Homes, Positive Discipline Workshop, Parenting Ages and Stages and The Teen Toolbox Workshop.

**Key Words:** *children, youth, adults, mental health, parenting, domestic violence*



1st Floor, Adonis House, 75 Fort Street,  
George Town, Grand Cayman

(345) 949-0006  
[frc@gov.ky](mailto:frc@gov.ky)  
[www.dcs.gov.ky/frc](http://www.dcs.gov.ky/frc)

# Feed our Future

Feed our Future is a not-for-profit association whose primary mission is to solve childhood hunger and to support intellectual nourishment in the Cayman Islands through the funding of nutritionally balanced low cost or free school meals to children in need in public and private schools thereby serving a dual purpose of enriching the learning potential and health of the child and reducing the burden on the community that supports them.

Their mission is to:

- Promote and elevate awareness of nutritional requirements/importance for at risk children;
- Develop and maintain effective relations with government agencies, schools and other non-profit groups and service providers; and
- Work with Government agencies to enhance and extend the reach of school meals program to those in need or at risk

**Key Words:** *children, youth, food security*



PO Box 11311  
Grand Cayman KY1-1008  
Cayman Islands

(345) 916-0923  
[info@feedourfuturecayman.org](mailto:info@feedourfuturecayman.org)  
[www.feedourfuturecayman.org](http://www.feedourfuturecayman.org)

# Good Samaritan Cayman Islands “Food Bank” LTD

The Cayman Food Bank is a core hunger-relief organisation comprised of programs, such as the central food bank, meal delivery, and wellness and sustainability education. They strive to help feed the most vulnerable populations – children, families and older persons. Working together with their network partners to fight hunger efficiently and effectively, their multi-tiered approach and comprehensive programs are dedicated to nourishing the community while empowering lives.

The Cayman Food Bank distributes food to local network partners and these organisations serve:

- Local children who need a nutritional foundation to learn and grow
- Local families struggling to make ends meet and provide for themselves
- Older persons and homebound neighbors who need nutritious meals and services for health and independence.

**Key Words:** *children, youth, adults, older persons, food security, domestic violence*



Unit 11, Rosedale Warehouse,  
51 Sleepy Hollow Drive

PO Box 30990  
Grand Cayman KY1-1204  
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(345) 926-6111  
[info@caymanfoodbank.com](mailto:info@caymanfoodbank.com)  
[www.caymanfoodbank.com](http://www.caymanfoodbank.com)

# Inclusion Cayman

Inclusion Cayman is an independent, impartial advocacy organisation supporting families across the Cayman Islands to promote and defend the rights and interests of people with disabilities. Inclusion Cayman is managed and staffed by allies of persons with disabilities who recognise the issues that people with disabilities and families face and who can assist in strengthening the advocacy and capacity of families.

Inclusion Cayman’s work aims to ensure that individuals, families and communities feel confident to advocate for the inclusion of all individuals through education, recreational programmes and employment partnerships. Additionally, they provide family and individual advocacy, a Parent Inclusion Network (PIN), personal future planning and inclusive lives.

**Key Words:** *children, youth, adults, mental health, parenting, domestic violence*



Corporate Plaza Units 6-8  
81 Godfrey Nixon Way, Grand Cayman

(345) 623-2957  
[info@inclusioncayman.ky](mailto:info@inclusioncayman.ky)  
[www.inclusioncayman.ky](http://www.inclusioncayman.ky)

# Meals on Wheels (MOW)

MOW provides free, hot, nutritious meals to older persons, those who are homebound and people with disabilities throughout the Cayman Islands, Monday to Friday, 52 weeks of the year. This service supplies them with the assistance needed to retain their self-worth and independence, as well as the ability to remain in their homes. Isolation is a major issue for many older persons and the social contact provided by our more than 100 volunteers offers some relief for these individuals.

**Key Words:** *adults, older persons, mental health, food security, disability services*



2nd Floor, 1428 West Bay Road,  
Trafalgar Place, Grand Cayman

(345) 769-1974  
[info@mealsonwheels.ky](mailto:info@mealsonwheels.ky)  
[www.mealsonwheels.ky](http://www.mealsonwheels.ky)

# Multi-Agency Safeguarding Hub (MASH)

The Cayman Islands MASH aims to promote the safety and welfare of children by providing a single point of referral and coordinated multi-agency response.

MASH consists of a number of different stakeholders, some of whom are co-located in the same building, others are virtual partners. Presently in the Hub are the Department of Children and Family Services (DCFS) as the lead agency and the Royal Cayman Islands Police Service (RCIPS). The MASH has several virtual partners such as the Department of Education Services (DES), Health Services Authority (HSA), Needs Assessment Unit (NAU) and Department of Community Rehabilitation (DCR).

MASH works towards offering social work and police intervention to help children and families by assisting families to address their challenges or distress once a referral has been made.

If you believe that a child may be experiencing abuse or neglect, please contact the MASH.

**Key Words:** *children, youth, mental health, parenting, domestic violence*



71 Eastern Avenue  
Crown Square Plaza, George Town

(345) 945-0545

[mash@gov.ky](mailto:mash@gov.ky)

[www.rcips.ky/the-family-support-unit-multi-agency-safeguarding-hub](http://www.rcips.ky/the-family-support-unit-multi-agency-safeguarding-hub)

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# National Drug Council (NDC)

NDC is an independent statutory body set up under the National Drug Council Act, 2003 revision to coordinate anti-drug measures in the Cayman Islands. The NDC consists of 13 council members and an office which serves as the secretariat. NDC's mandate is to provide policy advice, information, develop programmes and conduct research in education, prevention, treatment and rehabilitation.

The following are some of their programme offerings:

- Health Bodies, Healthy Minds – Years 1-6
- CODE – All students in leadership roles
- Research Informed Student Education (RISE) – Years 7-11
- Youth2Youth Jr. – Year 6
- Youth2Youth – Years 7-11
- #WhatsTrending – CISDUS Informational Sessions for schools and parents
- aParently Speaking – Parents only workshop

**Key Words:** *children, youth, adults, older persons, mental health, parenting, substance use*



Units #17 and #18 Caymanian Village,  
North Sound Road, George Town

(345) 949-9000

[info@ndc.ky](mailto:info@ndc.ky)

[www.ndc.ky](http://www.ndc.ky)

# National Council of Children's Organisations (NCVO)

The NCVO in the Cayman Islands is dedicated to the care, education and well-being of children and families in need of support. They do this through six programmes:

1. Nadine Andreas Residential Foster Home: 24/7 group home for boys and girls in need of care and protection from 5-18 years
2. Jack and Jill Nursery: subsidized daycare for infants from 4 months to 2 years
3. Miss Nadine's Pre-School: subsidized education for children from 2-5 years
4. New to You Bargain Shop: thrift shop which provides affordable clothing and housewares for families in the community
5. Caring Cousins: lunch assistance programme for 40 students in Grand Cayman and Cayman Brac
6. Scholarships: corporate fund which provides financial assistance for individuals pursuing further education in related fields

**Key Words:** *children, youth, mental health, financial assistance, parenting, residential*



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(345) 949-2124  
[ceo@ncvo.org.ky](mailto:ceo@ncvo.org.ky)  
[www.ncvo.org.ky](http://www.ncvo.org.ky)

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# Older Persons Council

The Council of Older Persons ('the Council') is established under section 3 of the Older Persons Act, 2017 and is an advisory body comprising of older persons, professionals and experts from the public and private sectors.

The general purpose of the Council is to champion the welfare of older persons, defined as persons 65 years old and above, by advocating for:

- the promotion and development of programmes, projects and legislative measures focused on older persons; and
- the Government's implementation of the Cayman Islands Older Persons Policy 2016-2035 ("the CIOPP").

In carrying out this role, the Council plays a critical part in enhancing the quality of life for all older persons.

**Key Words:** *older persons, development, programmes*



(345) 244-2258  
[OlderPersonsCouncil@gov.ky](mailto:OlderPersonsCouncil@gov.ky)

## one2one

one2one provides children facing adversity with strong and enduring, professionally supported, one-on-one relationships that change lives for better, forever.

one2one offers a wide range of mentoring opportunities to meet the varied needs of volunteers, Littles and their families. Serving as role models, the mentors teach by example the importance of giving and giving back, of staying in school, and having respect for family, peers and community. one2one offers community and school programming.

**Key Words:** *training, children, youth, mental health*



(345) 326-7967  
[info@one2one.ky](mailto:info@one2one.ky)  
[www.one2one.ky](http://www.one2one.ky)

## Pines Retirement Home (PRH)

The PRH is a non-profit charitable organisation established to provide residential accommodation for older persons. PRH provides residential and respite care, cay programming for older persons in the community and assisted living care.

**Key Words:** *older persons, hospital, mental health, financial assistance, residential, disability services*



60 Pines Drive, George Town  
(345) 949-5650  
[info@thepinescayman.com](mailto:info@thepinescayman.com)  
[www.thepinescayman.com](http://www.thepinescayman.com)

## Rehoboth Ministries

Rehoboth Foundation provides after-school care to children in the George Town area. Children come from primary schools around the island both public and private. Children are picked up from school by us, and on arrival at the center are required to complete one and a half hours of study time. This can include homework and assigned work in areas of weakness. They are taught civics, scriptures, songs, and how to get along with each other.

**Key Words:** *children, youth, mental health, financial assistance, disability services*



(345) 949-3905  
[rehobothministriesoutreach@gmail.com](mailto:rehobothministriesoutreach@gmail.com)

## The Girl's Brigade in the Cayman Islands

The Girls' Brigade is a Christian inter-denominational uniformed organisation for girls aged 5-19 years. The Brigade comprises of local companies, each of which shall be connected with a church or mission of an approved Christian denomination and every member is encouraged to attend church, Bible Class and/or Sunday school. The Brigade provides activities designed to help girls attain physical, mental and spiritual maturity and to express what they learn through practical service to home, community and church.

**Key Words:** *children, youth*



[girlsbrigadecaymanislands@yahoo.com](mailto:girlsbrigadecaymanislands@yahoo.com)  
[www.girlsbrigade.ky](http://www.girlsbrigade.ky)



# United Against Bullying Foundation

United against Bullying Foundation aims to educate, unite and support the victims and parents of bullying. They encourage the community to have a zero tolerance to bullying. They aim to work in unison with the Cayman community, parents, caregivers, schools, other groups and local Government authorities to achieve a bully-free Cayman.

**Key Words:** *children, youth, mental health*



[unitedagainstbullying2018@gmail.com](mailto:unitedagainstbullying2018@gmail.com)  
[www.facebook.com/unitedagainstbullying345/](https://www.facebook.com/unitedagainstbullying345/)

## YMCA

YMCA is a charitable, cause-driven, non-profit organisation that aims to strengthen the community. Our operations are directed by our corporate staff, a group of experienced, highly qualified and motivated people. They are assisted by other equally passionate staff members and by a group of committed volunteers.

The YMCA offers several programmes to the Cayman community, including:

- Ready to Respond (R2R): aimed at lowering health and safety related incidents by focusing on increasing lifesaving knowledge, skills and awareness through quality education and training, and ensuring modern up-to-date equipment and supplies are accessible, and that emergency protocols are in place and adhered to in all YMCA programmes
- Prevent and Protect: aimed at lowering instances of child abuse and neglect in the Cayman Islands by empowering youth and adults with knowledge, tools, and safe spaces to share and grow
- Aquatics: swimming lessons in a safe and fun environment for beginner to advanced swimmers
- Extended After School Programme – Primary and High School: serves up to 1,600 students from public schools across Grand Cayman and Cayman Brac
- Camp: summer and holiday break camps for children aged 5-12
- Youth and Teens: professional and personal development opportunities to teens, including Teen Lead On, Leaders in Training, and Student Work Experience

YMCA also offers Little League baseball and softball programmes for youth.

**Key Words:** *children, youth, financial assistance*



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(345) 926-9622 (YMCA)  
(345) 916-5643 (Little League)

[info@ymcacayman.ky](mailto:info@ymcacayman.ky)  
[info@littleleague.ky](mailto:info@littleleague.ky)  
[www.ymcacayman.ky](http://www.ymcacayman.ky)  
[www.littleleague.ky](http://www.littleleague.ky)



**Ministry of Investment,  
Innovation & Social  
Development**  
Cayman Islands Government

*All of the information in this document was compiled from the websites or public information of the organisations and the other links provided within the document. This is not a complete list of public and private resources available in the Cayman Islands but provides key resources which can be accessed.*

**[www.gov.ky/iisd](http://www.gov.ky/iisd)**